Strategies for Academic Success Workshops

Strategies for Academic Success workshops provide students with straightforward strategies and support to help you become academically confident, effective and efficient.

ALL WORKSHOPS (27-30 MINUTES) HELD IN FAITH HALL ROOM 5, PLEASE DROP BY FAITH HALL INFORMATION DESK TO SIGN UP.

Answering Test Questions
Multiple choice, true/false, matching, fill-in-the-blank -- both standardized and teacher-made tests are full of these types of questions. Learn about how different types of test questions and specific strategies for dealing with each kind of question.

Efficient Time Management
Your life will run much more smoothly when you become an efficient manager of your time. This workshop will give you some helpful tips about how to find the time to accomplish your goals. Learn how to set priorities and take control of your academic life.

Effective Note-Taking
In Effective Note-Taking, students will learn about a variety of different note-taking methods, including the Cornell, Outlining, Mapping, Sentence and Charting methods.

Dealing with Peer Pressure
Learn how to differentiate between positive and negative peer pressure. Learn to resist tactics used to manipulate. When you know how to remain true to yourself, self-respect and high self-esteem follow.

Study Skills
In Study Skills, students will actually learn what the cognitive elements of studying are as well as the most effective ways in which to prepare for tests. From creating a good study space to strategies for improving organization, concentration, memory and reading comprehension, practical strategies for effective studying are modeled.

Oh No, It’s Due Tomorrow!
Humorous look at good planning to help students finish projects on time.

Taking Essay Tests
In Taking Essay Tests, students are provided with step-by-step strategies for navigating this often tricky test. By learning how to identify different types of essay questions, as well as recognizing and understanding the action words that are embedded in test questions, students will learn how to apply specific strategies to particular types of essay questions.

Taking Math Tests
Answering math questions is different from answering any other types of test questions, whether they’re on standardized or teacher-made tests.

Ten Steps to Taking a Math Test (NEW)
Pick up creative strategies to take math tests. Put your pencil to paper with confidence.

Math Study Skills You Can Count On (NEW)
This program examines common math myths and the ways in which the study of mathematics differs from other subjects. It dispels fears of math by teaching quantitative study skills. The program features commentary from faculty and students that reinforces the importance of asking questions and practicing math skills.

Math Anxiety & Math Test Taking (NEW)
This program addresses student anxiety specific to mathematics and math tests. Interviews with students and teachers who describe methods for alleviating the fears that prevent concentration.

Questions? Please contact Darryl Frazier, Ed.D., Director of Academic Advisement at 481-2392 or frazierd@cookman.edu