Optional Practical Training (OPT) for F-1 students is intended to provide hands-on practical work experience complementary to the academic program. An F-1 student is eligible for a maximum of 12 months of OPT. It is available to students who have been lawfully enrolled on a full-time basis for one academic year. The practical training sought by this student must be directly related to his or her field of study, commensurate with his or her educational level, and recommend by the academic advisor or division dean.

TO BE COMPLETED BY ACADEMIC ADVISOR (NOT BY STUDENT)

Student’s name: ___________________________________________ B-CU I.D. #: ____________
Major: __________________________ Minor: __________________________
Number of credits remaining to graduate: ______________________
Expected date of completion: ________________________________

Name of Advisor/Dean: _______________________________ Email: ______________________
Signature & Date: ________________________________________ Campus Phone#: _________

TO BE COMPLETED BY STUDENT

Proposed OPT Start date: End Date: ________________________________

List all periods (dates) of previously authorized employment for practical training:

<table>
<thead>
<tr>
<th>CURRICULAR PRACTICAL TRAINING (CPT)</th>
<th>OPTIONAL PRACTICAL TRAINING (OPT)</th>
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Student Signature & Date:________________________________________________________________________

OISS USE ONLY: OPT Recommended dates: __________________________________________________________

   Date SEVIS entry: __________________________________________________________________________

   Date Mailed / info: _________________________________________________________________________