Athletic training students have a small but real health risk during their clinical education experiences. They frequently come into contact with patients/athletes who are ill with potentially infectious or communicable diseases, and they often are required to tape or bandage wounds that present the potential for contact with blood borne pathogens. In addition, athletic training students who are ill with an infectious or communicable disease may present a health risk to patients/athletes. The Bethune-Cookman University Athletic Training Program aspires to prevent disease exposure to staff, athletic training students, and patients/athletes.

Athletic training students must use universal precautions to limit the exposure to blood borne pathogens. OSHA blood borne pathogen training (or other acceptable training) for medical workers will be conducted annually for athletic training students prior to students engaging in clinical education in the fall. Institutional and program infection control policies will also be reviewed at this time.

The Center for Disease Control (CDC) provides specific guidelines for reporting communicable and infectious disease, see http://www.cdc.gov/nhsn/PDFs/CMS/CMS-Reporting-Requirements.pdf. These guidelines are designed to provide for the uniform reporting of diseases of public health importance within the community, in order that appropriate control measures may be instituted to interrupt the transmission of disease, and will be followed by the B-CU Athletic Training Program.

Athletic training students must realize that ill health care workers present some risk to the patients/athletes they treat and with whom they come in contact. To limit this risk, the following steps will be followed:

1. Hand washing and good personal hygiene techniques are two of the best measures to prevent communicable diseases. Hand washing should occur after contact with each patient. Additionally, hand washing is encouraged at all times when in contact with a patient or not. In the absence of immediate hand washing with soap and water, antibacterial hand sanitizer may be used. Hand washing with soap and water should occur as soon as possible, however.

2. If an athletic training student is ill, the student will be examined by a physician (or other licensed health care provider) of his/her choice. The physician will determine the appropriate treatment and the amount of time the student will be absent (if applicable) from clinical education experiences.
3. If it is determined that the athletic training student may have a potentially infectious disease, he/she will be asked to relate that information to their preceptor and the Clinical Education Coordinator before their next scheduled clinical education experience.

4. The Clinical Education Coordinator, in consultation with the program’s Medical Director, will determine if the athletic training student requires further physician (or other related licensed health care provider) consultation/examination before he/she returns to clinical education experiences. The physician may schedule an examination, bar the athletic training student from reporting to their clinical setting, or permit the athletic training student to report back to their clinical setting.

5. Preceptors may require that an athletic training student who appears ill, be examined by either a physician (or other licensed health care provider) of the athletic training students’ choosing.

6. A physician (or licensed health care provider) must examine an athletic training student who misses any clinical education experience due to infectious illness before they are allowed to resume the clinical experience.

By signing below, I agree that I have read, understand and will abide by the Infectious Disease Policy

______________________________  __________________
Signature of Student                  Date

______________________________
Print